

Empowering Black Women

Submitted by stahlman on Fri, 09/15/2017 - 10:48am



This group focuses on group members' unique experiences to explore themes of pain, joy, healing, self-worth and acceptance (love), self-discovery, shame, stigma, anger, and discrimination in the lives of Black women. This group seeks to create a safe and trusting environment, dialogue openly and honestly about the experiences of Black women, and facilitate empowerment and encouragement.

To join this group, please indicate your interest using the [group interest form](#) [1]. Members will need to speak with the facilitator(s) to do a brief screening interview prior to attending. The facilitator(s) will respond all received group interest forms to set up a time to discuss.

Photo by the University of North Carolina at Chapel Hill

Meeting Day and Time:

Tuesday 2:30 - 4 pm

Group Type:

[Theme/Support](#) [2]

Status:

Full

Facilitated By:

Antonia Pendleton, Psy.D. and Englann Taylor, M.S.

Source URL: <https://caps.unc.edu/services/group-therapy/empowering-black-women>

Links

- [1] <https://caps.unc.edu/services/group-therapy/how-join-group>
- [2] <https://caps.unc.edu/group-therapy-types/themesupport>