Contact Us

Counseling & Psychological Services

James A. Taylor Building, 3rd Floor
320 Emergency Room Drive
CB# 7470
Chapel Hill, NC 27599

919-966-3658 [1] (24/7)
FAX 919-966-4605
TDD 919-966-6574
T - 711 [2] (NC RELAY)

Email us at caps@unc.edu [3] for interview requests and general questions about CAPS and CAPS services.

Please visit our Outreach webpage to request CAPS staff presence or support at campus events [4].

For urgent concerns 24/7, please call 919-966-3658. caps@unc.edu [5] is not to be used for urgent concerns or emergencies.

To request an appointment with a provider, to change or cancel an appointment, please call 919-966-3658. For medication refills, please reach out directly to your provider.

CAPS referral coordinators CAPSreferrals@unc.edu [6]

Directions to Counseling and Psychological Services from:

- The Pit: Head towards the bell tower, and turn left on south road. Walk behind the Stone Center - you'll pass the UNC football player statue on your left. Go up the
hill using either the stairs or ramps between the stadium and parking garage. The James A. Taylor building is at the top of the hill. See video directions to CAPS from the Pit [7] for a visual reference.

- Student Academic Services Building: When going towards towards the football stadium take a left behind Morrison Residence Hall, past the bike racks. A sidewalk will be on your right that heads into the woods, take that sidewalk (with the stadium on your right). Soon, the James A. Taylor building will be the building in front of and slightly to the left of you. See video directions to CAPS from SASB [8] for a visual reference.

- Health Sciences Library: From the front of the Health Sciences Library, head toward Franklin St. on S. Columbia. After passing Bondurant Hall on the right, take Medical Drive also on your right. Follow Medical Drive around the bend and you will come to a small intersection. At this intersection, take a left. The path will dead-end into a building, take the door into the building. Following the hallway, taking a left when the hallway dead ends. You will then go through a set of double-doors, through another hallway, and through another set of double doors. This will put you on the second floor of the James A. Taylor building. See video directions to CAPS from the HSL [9] for a visual reference.

- Off campus: Take Manning Drive. Turn towards the Emergency Department of UNC Hospitals onto Emergency Room Drive (also known as Hibbard Drive). The James A. Taylor building will be at the end of the drive on the left.

If you are driving, you will need a parking pass. If you need a parking pass and would like to print one at home before you walk in, please call 919-966-3658. You can also obtain one at the 1st floor front desk prior to going to CAPS on the 3rd floor. The pass needs to be placed in a visible location on your car immediately. Once you have your parking pass and it has been placed on your car, you can proceed to check-in for your appointment. If you do not get a pass you run the risk of getting a ticket and/or being towed.

On the bus:

There are a number of bus lines that drop off near the James A. Taylor building, however; there is no bus route that goes directly to CAPS. The A, CCX, CL, CM, CPX, CW, D, FCX, G, J, N, NS, T, and V all pick-up and drop-off at the Health Sciences library, located to the West of CAPS on S. Columbia Road. The A, CCX, CL, CM, CPX, CW, D, FCX, G, J, JFX, N, NS, S, T and V drop-off and pick-up on Manning Road in front of UNC Hospitals, The James A. Taylor building is directly north of this stop. For
more information on specific bus routes and schedules visit Chapel Hill Transit [10]. If you are not sure which bus route to take GoTriangle.org [11] can help map your route.