Who Can Use Counseling and Psychological Services?

All degree-seeking students and Postdoctoral fellows who pay the current term Campus Health Fee campus use Counseling and Psychological Services. This charge appears on your University account as FEE Student Health.

Spouses and domestic partners of degree-seeking undergraduate students, graduate students and Postdoctoral fellows can receive care at CAPS. Spouses and partners who pay the Campus Health Fee for the term can use CAPS once they show proof of insurance along with proof of their marriage or a notarized affidavit of domestic partnership.

Couples counseling may be requested when both persons can receive services at CAPS.

When does my ability to use CAPS begin and end?
Student who pay the Campus Health Fee during an academic term can receive care until the start of the next term.

Students not enrolled in summer classes can receive care during the summer months by paying the summer Campus Health Fee. These students must have also paid the Campus Health Fee for the previous spring semester.

Some students who move in before the university opens for a term can receive care before the term begins. This applies to Resident Assistants, certain athletic teams, and other specific groups.

Graduates can receive care at CAPS for thirty days after graduation.

**Who cannot use CAPS?**

If you do not pay the Campus Health Fee, you cannot receive care at CAPS. Examples of UNC programs that do not require students to pay the health fee include, but are not limited to, Part-Time Classroom Studies (undergraduate and graduate) and non-degree distance programs (including online and off-campus).

Source URL: https://caps.unc.edu/about-us/policies/who-can-use-counseling-and-psychological-services