

# Seize the Awkward

Awkwarddd...

Do I look familiar?

I should.

You might remember me from...

...here

...here

...here

...or maybe even here.

You try to avoid me. Then there I am again.

But an awkward silence can be a great thing, Like Kelly here is about to demonstrate.

Hey, um... you haven't really been yourself lately. Are you okay?

An awkward silence can actually be the perfect moment to reach out to a friend and ask if they're okay if they seem down.

Starting the conversation now can keep something much worse from happening later on.

It doesn't matter how you say it. Y'all right? Everything is okay? All G? Yo, what up? You all right, girl? Yo? You cool? You buggin?, dog?

Just show you're there for them.

Go on, Kelly, seize the awkward!

I'm always here for you, okay?

Okay.