CAPS Doctoral Psychology Internship: Setting and Staff Information

Setting

UNC Counseling and Psychological Services addresses the needs of undergraduate and graduate students, as well as postdoctoral fellows and spouses. Our multidisciplinary staff is composed of eight psychologists, four psychiatrists, seven social workers and four administrative support staff. We are part of Campus Health, which is administratively located within [Student Affairs](https://studentaffairs.unc.edu). We offer a wide array of clinical services in order to meet the needs of students with a variety of difficulties, ranging from academic stress or adjustment difficulties to more severe pathology. Students most commonly present to our counseling service for assistance with depression, anxiety, academic concerns and/or relationship difficulties.

The Health Services Psychology internship program is part of Counseling and Psychological Services, which is a division of Campus Health on the [University of North Carolina](https://www.unc.edu) campus in [Chapel Hill, North Carolina](https://www.unc.edu), a large public university with a student population of approximately 29,000. Each intern has a private office equipped with a telephone, computer, internet access, and webcam.

Psychology Internship Training Staff

**Interim Assistant Director for Psychology Training**

Ilana Krakauer, Ph.D.

Dr. Ilana Krakauer is a psychologist and the Interim Assistant Director for Psychology Training at CAPS. Dr. Krakauer received her Bachelor of Arts (B.A.) of Psychology from Haverford College and her Master of Arts (M.A.) as well as her Ph.D. in Clinical Psychology with a specialization in women's and gender studies from the University of Missouri - St. Louis. Dr. Krakauer specializes in psychotherapy with students experiencing a wide range of concerns, with particular experience and interest in working with students around issues of identity, relationships, and life transitions (including coming out as LGBTQ, transition to parenthood, and moving between...
cultures). She also serves on CAPS’ training committee to implement our pre-doctoral internship in Clinical Psychology and other training programs, and provides clinical supervision and training in this capacity.

**Psychology Practicum Coordinator**

Mildred (Mil) Witt, Ph.D.

Dr. Mil Witt is a psychologist and psychology practicum coordinator at CAPS. She also serves on the CAPS training committee and provides training and clinical supervision to Master’s and doctoral-level trainees. Originally from New York, Dr. Witt received her Bachelor of Arts (B.A.) from Hunter College and her Ph.D. in clinical psychology from the City University of New York. Dr. Witt's professional interests include working with anxiety, adjustment/life transitions, cultural identity, academic achievement, crisis intervention, spirituality, and behavioral health concerns. Passionate about working with students both individually and in groups, Dr. Witt uses an integrated approach to therapy, infusing multicultural, interpersonal, and cognitive-behavioral interventions into her work. She also enjoys incorporating therapeutic writing, creativity, and mindfulness meditation practices when working collaboratively with students. On campus, Dr. Witt is a Mindful UNC steering committee member and a member of the Carolina Black Caucus. She is also a Koru Mindfulness Certified teacher. Outside CAPS, Dr. Witt enjoys tennis, dancing, theater, and spending quality time with family and friends.

**Training Committee**
All members of the Training Committee are directly involved in program design, implementation evaluation and revision, as well as in the provision of supervision and direct clinical services. All current training committee members are also primary supervisors and have a minimum of three years post licensure experience. In addition to Dr. Krakauer and Dr. Witt, the training committee is comprised of:

**Elizabeth Christensen, Ph.D.** is a psychologist at CAPS. Originally from Baltimore, MD, she received a Bachelor of Arts (B.A.) in Sociology from Kenyon College and her Master in Science (M.S.) and Ph.D. in Counseling Psychology from Colorado State University. Dr. Christensen specializes in group and individual psychotherapy with students experience a wide range of concerns, with a particular interest in working with students around issues of identity development, trauma, interpersonal/relationships issues, body image, depressed mood, and life transitions. Dr. Christensen uses an eclectic approach that relies heavily on establishing a strong therapeutic alliance and is tailored to meet the individual needs of each student. Outside CAPS, she enjoys painting, playing volleyball, traveling and watching documentary films.

**Anthony Teasdale, Ph.D.** is a psychologist at CAPS. Prior to arriving at CAPS, he was a staff psychologist in Counseling & Wellness Services at Wright State University in Dayton, OH. Originally from Mt. Vernon, NY, he received a Bachelor of Arts (B.A.) in Psychology, with a minor in African-American Studies, from The University of North Carolina at Wilmington. He received a Master of Arts (M.A.) and a Doctorate of Philosophy (Ph.D.) in Counseling Psychology from The University of Maryland at
College Park. Dr. Teasdale practices from a use of self, interpersonal process, eclectic approach and believes in a focus on strengths. His professional interests include identity development, self-compassion, diversity and multicultural issues, supervision and training, career development, and working with college student populations. Outside CAPS, Dr. Teasdale enjoys watching sports, movies (especially Star Wars), playing tennis (badly), and travel.

**Additional CAPS Staff Involved in Internship Supervision/Training**

**Avery Cook LCSW** is a clinical social worker and the Clinical Coordinator at CAPS. Originally from North Carolina, she received her Bachelor of Arts (B.A.) from Davidson College and her Master of Social Work (M.S.W.) with a Concentration in Mental Health from the University of North Carolina at Chapel Hill. She enjoys working with students on a variety of issues including crisis work, adjustment, anxiety, depression, substance abuse as well as issues related to LGB clients, gender identity, and gender expression. In working with clients, Avery takes an eclectic approach, utilizing a variety of approaches based on what best meets the needs of the clients. Outside of CAPS, she enjoys being outside, either hiking or biking, reading, and time with family and friends.

**Dave DeVito LCSW** is a clinical social worker and the Bounce Back Coordinator at CAPS. Originally from Orange County, CA, Dave received his Bachelor of Arts (B.A.) in English from Duke University and his Master’s of Social Work (M.S.W.) at the University of North Carolina in Chapel Hill. Dave has an interest in a wide range of presenting concerns and populations (including couples). He has more extensive experience working with students who are contending with symptoms of depression and anxiety, have experienced loss, or are facing a challenging transition in their life. Dave uses a variety of approaches with students including cognitive, behavioral, and interpersonal models. He is strongly influenced by post-structural therapies including solution focused and narrative therapy. Outside of CAPS, Dave enjoys watching sports, spending time with his partner, cat and friends, grilling, and gardening.

**Allen Hamrick O’Barr M.D.** is a psychiatrist and is the Director at CAPS. Originally from Winston-Salem, NC, Dr. O’Barr graduated summa cum laude with his Bachelor of Arts (B.A.) from Wake Forest and his Doctor of Medicine (M.D.) degree with honors from the School of Medicine at the University of North Carolina at Chapel Hill. He completed his residency in Psychiatry and his fellowship in Psychiatric Hospital Administration at the Medical University of South Carolina. Dr. O’Barr’s professional interests include emergency psychiatry, addiction, and ecopsychology.

**Amy Leach, LCSW** is a clinical social worker, one of the referral coordinators, and the Assistant Training Coordinator for Social Work Practicum. Amy received her Bachelor of Arts (B.A.) in Psychology from Alfred University and a Master’s of Social Work (M.S.W.)
from the University of North Carolina in Chapel Hill. Her professional interests include crisis intervention, depression, and relational concerns. Amy works collaboratively with clients and embraces a strengths-based perspective.

**Anna Lock, Psy.D.** is a psychologist at CAPS. She received her BA from Wake Forest, a Masters in Education from Harvard, and attended Pepperdine University for her Psy. D. in Clinical Psychology. Anna runs groups for anxiety at CAPS, enjoys supervision and training, and in her spare time enjoys reading.

**Antonia Pendleton, Psy.D.** is a licensed psychologist. She is originally from Georgia and was also raised in New York. She received her Doctorate of Psychology (Psy.D.) and Master of Science degree (M.S.) in Clinical Psychology from Loyola University Maryland, as well as a Master of Education (M.Ed.) in Counseling Psychology from Howard University in Washington, D.C. Dr. Pendleton?s professional interests include (but are not limited to): interpersonal relationships & family-of-origin concerns; identity/cultural development; concerns of first-generation Americans, first-generation college students & students-of-color; adjustment & life transitions; and faith & spirituality concerns.

**Erinn Scott, Psy.D.** is a licensed psychologist at CAPS. Originally from Ohio, she received her Bachelors of Arts (B.A.) in Psychology from Ohio University. She also has a Masters of Education (M.Ed.) in Community Counseling and a Masters of Psychology (Psy.M.) from Wright State University. Dr. Scott graduated with her Doctorate of Psychology (Psy.D.) from Wright State University?s School of Professional Psychology in 2013. Prior to joining CAPS, Dr. Scott has worked within a variety of settings including community mental health, inpatient, and educational. Her professional interests include student adjustment, anxiety, depression, gender identity, cultural identity, and women?s issues. Dr. Scott uses interpersonal and biopsychosocial approaches to meet client needs. In her free time Dr. Scott enjoys spending time with her husband and young daughter, reading, shopping, and volunteering. She is a member of Sigma Gamma Rho Sorority, Inc., and the Association of Black Psychologists.

Intern training is supported by the following administrative support staff: Che Wells, Marie Willis, and Turkessa Crump.

**Doctoral Psychology Interns 2021-2022**

Evgeniya ?Jenya? Fazletdinova - Wheaton College

Laura Hollahan - LaSalle University

Misha Mohan - Roosevelt University