CAPS Doctoral Psychology Internship Seminar Schedule

Fall 2021

August 24  Trauma in university counseling centers (Ilana Krakauer)
August 31  Working with African American students at PWIs (Antonia Pendleton)
September 7  Gender identity and gender expression (Avery Cook)
September 14  CBT skills for pandemic-related stressors (Anna Lock)
September 21  Substance use (Avery Cook)
September 28  Termination (Ilana Krakauer and Amy Leach)
October 5  International Students (Anthony Teasdale)
October 12  Ableism (Rachel Honig)
October 19  NO SEMINAR, FALL BREAK
October 26  Sexual orientation (Ilana Krakauer)
November 2  Working with dangerousness to others (Mil Witt)
November 9  Virtual Relational Dynamics (Kyle Alexander)
November 16  Grief (Dave DeVito)

Spring 2020
January 12 - Imposter Syndrome (Antonia Pendleton)
January 19 - Chair work (Anthony Teasdale)
January 26 - CBT in Interpersonal Context (Anna Lock)
February 2 - Boundaries in therapy (Ilana Krakauer and Amy Leach)
February 9 - Religion (Kadeisha Bonsu and Anthony Teasdale)
February 16 - Writing for health and wellness (Mil Witt)
February 23 - Social justice in therapy (Amy and Wendy)
March 2 - White privilege (Jo Fullmer and Sarah Lewis)
March 9 - ACT in brief therapy (Anna Lock)
March 16 - Working with students on the Autism spectrum (Elizabeth Christensen)
March 23 - Sexual Assault and Title 9 (Rachel Honig and Melissa Saunders)
March 30 - Feelings of incompetence (Dave DeVito and Amy Leach)
April 6 - Working with people with psychotic disorders (Elizabeth Christensen)
April 13 - Talking about sex in therapy (Elizabeth McIntyre)
April 20 - CBT-i (Cherish Williams)
April 27 - Working with clients in the transition to motherhood (Ilana Krakauer)

Fall 2020

August 25                CBT skills for pandemic-related stressors (Anna Lock)
September 1  Working with African American students at Predominately White Institutions (Antonia Pendleton)
September 8  Substance use (Avery Cook)
September 15  Trauma in university counseling centers (Ilana Krakauer)
September 22  Working with dangerousness to others (Mil Witt)
September 29  Virtual Relational Dynamics (Kyle Alexander)
October 6  Termination (Ilana Krakauer and Amy Leach)
October 13  Gender identity and gender expression (Avery Cook)
October 20  International Students (Anthony Teasdale)
October 27  DBT and Emotion Regulation (Elizabeth McIntyre and Melissa Saunders)
November 3  Sexual orientation (Ilana Krakauer)
November 10  Self-injurious behavior (Wendy Kadens and Melissa Saunders)
November 17  Grief (Dave DeVito)
November 24  No seminar, Thanksgiving week
December 1  Ableism (Rachel Honig)

**Summer 2020**

May 20  Feelings of incompetence (Dave DeVito and Amy Leach)
May 27  ACT in brief therapy (Anna Lock)
June 3  Sexual assaults on campus, in the media, and in popular culture (Wendy Kadens and Elizabeth McIntyre)
June 10  Virtual relational dynamics (Kyle Alexander)
June 17  Telemental health challenges: Self-disclosure and termination (Sarah Lewis)
June 24  Working with people with psychotic disorders (Elizabeth Christensen)
July 1  Creative Arts Therapy (Kyle Alexander)
July 8  Creativity Part 2 (Anthony Teasdale)
July 15  CBT-i (Cherish Williams)
July 22  Working with students on the Autism spectrum (Elizabeth Christensen)

Spring 2020

Intern/fellow seminar Wednesdays from 9 - 10 am, practicum Thursdays 9 - 10 am

January 8  Writing for health and wellness (with Mil Witt)
January 15  Working with African American students at Predominately White Institutions (Erinn Scott)
January 22  Eco Therapy (Leslie Montana)
January 29  Boundaries in therapy (Ilana Krakauer and Wendy Kadens)
February 5  Historical Trauma (Mari Diaz and Ilana Krakauer)
February 12  Sexual Assault and Title 9 (Rachel Honig and Melissa Saunders)
February 19  CBT in Interpersonal Context (Anna Lock)
February 26  Working with clients in the transition to motherhood (Ilana Krakauer)
March 4  Cognitive Processing Therapy (Joe Murray)
March 11  NO SEMINAR, Spring break
March 18  Chair work (Anthony Teasdale)
March 25  Talking about sex in therapy (Elizabeth McIntyre)
April 1  Exposure (Anna Lock)
April 8  Self-compassion (Anthony Teasdale)
April 15  Creativity (Anthony Teasdale)
April 22  CBT skills for pandemic-related stressors (Anna Lock)
April 29  Preparing for the EPPP (Elizabeth Christensen)
May 6  Life after internship (Antonia Pendleton)

Fall 2019

Wednesdays from 9 - 10 am

August 21  Trauma in university counseling centers (Ilana Krakauer)
August 28  Ableism (Rachel Honig)
September 4  Working with dangerousness to others (Mil Witt)
September 11  Grief (Dave DeVito)
September 18  Working with African American students at Predominantly Institutions (Erinn Scott)
September 25  International Students (Anthony Teasdale)
October 2  Self-injurious behavior (Wendy Kadens and Melissa Saunders)
October 9  Substance use (Avery Cook)
October 16  No seminar, fall break
October 23  Gender identity and gender expression (Avery Cook)
October 30  Sexual orientation (Ilana Krakauer)
November 6  Imposter syndrome (Antonia Pendleton)
November 13  DBT and Emotion Regulation (Elizabeth McIntyre and Melissa Saunders)
November 20  Termination (Ilana Krakauer and Amy Leach)
November 27  No seminar, Thanksgiving break
December 4  Religion (Anthony Teasdale)
**Summer 2019**

Thursdays from 9 - 10 am

May 16    CBT-i (Anna Lock)
May 23    Writing for health and wellness (Mil Witt)
May 30    Working with doctoral students (Jo Fullmer)
June 6    Hunting Ground movie and discussion (Wendy Kadens & Elizabeth McIntyre) *9:00-11:30*
June 13    Eco Therapy (Leslie Montana)
June 20    Self-compassion (Anthony Teasdale)
June 27    Talking about sex in therapy (Elizabeth McIntyre)
July 4    NO SEMINAR, HOLIDAY
July 11    Creativity Part 1 (Anthony Teasdale)
July 18    Creativity Part 2 (Anthony Teasdale)

**Spring 2019**

Tuesdays from 9 - 10 am

January 8    Sexual orientation (Ilana Krakauer)
January 15    Sexual assault and Title 9 (Rachel Honig and Melissa Saunders)
January 22    ACT in brief therapy (Anna Lock)
January 29    Working with students on the Autism Spectrum (Elizabeth Christensen)
February 5    Working with international students (Anthony Teasdale)
February 12  Cognitive Processing Therapy (Mil Witt)
February 19  Boundaries in therapy (Ilana Krakauer and Amy Leach)
February 26  Exposure (Anna Lock)
March 5     Social justice in therapy (Wendy Kadens and Amy Leach)
March 12    NO SEMINAR, SPRING BREAK
March 19    Chair work (Anthony Teasdale)
March 26    Ableism (Rachel Honig)
April 2     Working with people with psychotic disorders (Elizabeth Christensen)
April 9     OCD and its treatment (Anna Lock)
April 16    Feelings of incompetence (Dave DeVito and Amy Leach)
April 23    Working with clients in the transition to motherhood (Ilana Krakauer)

Fall 2018
August 21   Working with African American students at Predominately White Institutions (Erinn Scott)
August 28   Trauma in university counseling centers (Ilana Krakauer)
September 4 Substance use (Avery Cook)
September 11 CBT Theory and Practice (Anna Lock)
September 18 DBT and Emotion Regulation (Elizabeth McIntyre and Melissa Saunders)
September 25 Gender identity and gender expression (Avery Cook)
October 2    Religion (Anthony Teasdale)
October 9    Grief (Dave DeVito)
October 16   CBT Theory and Practice Part II (Anna Lock)
October 23   Self-injurious behavior (Wendy Kadens and Melissa Saunders)
October 30   Termination (Ilana Krakauer and Amy Leach)
November 6   Working with dangerousness to others (Mil Witt)
November 13  White privilege (Wendy Kadens and Amy Leach)
November 20  NO SEMINAR
November 27  CBT in Interpersonal Context (Anna Lock)

Spring 2018

January 10   Ableism (Rachel Honig)
January 17   Social justice in therapy (Wendy Kadens and Amy Leach)
January 24   Cognitive Processing Therapy (Mil Witt)
January 31   Boundaries in therapy (Ilana Krakauer and Amy Leach)
February 7   International Students (Anthony Teasdale)
February 14  Working with Student Veterans (Anna Lock)
February 21  Self-compassion (Anthony Teasdale)
February 28  Feelings of incompetence (Dave DeVito and Amy Leach)
March 7      Is this prodromal? (Lydia Miller-Anderson)
March 14     NO SEMINAR, SPRING BREAK
March 21     Working with students on the Autism spectrum (Elizabeth Christensen)
March 28     Working with people with psychotic disorders (Elizabeth Christensen)
April 4      Working with African American students at Predominately White
Institutions (Erinn Scott)

April 11    Interpersonal therapy (Amy Leach)
April 18    Sexual assaults on campus, in the media, and in popular culture (Wendy Kadens & Elizabeth McIntyre)
April 25    OCD and its treatment (Anna Lock)

Fall 2017

August 23   Substance use (Avery Cook)
August 30   DBT and Emotion Regulation (Elizabeth McIntyre and Melissa Saunders)
September 6 Trauma in university counseling centers (Ilana Krakauer)
September 13 Termination (Ilana Krakauer and Amy Leach)
September 2  No seminar, Green Zone
September 27 Eating Disorders (Martine Luntz)
October 4   White privilege (Wendy Kadens and Amy Leach)
October 11  Sexual Assault and Title 9 (Rachel Honig and Melissa Saunders)
October 18  Gender identity and gender expression (Avery Cook)
October 25  Working with dangerousness to others (Mil Witt)
November 1  Self-injurious behavior (Wendy Kadens and Melissa Saunders)
November 8  Sexual orientation (Ilana Krakauer)
November 15 Religion (Anthony Teasdale)
November 22 NO SEMINAR, THANKSGIVING
November 29 Grief (Dave DeVito)
Spring 2017

1/9  Dream interpretation (Anthony Teasdale)
1/16 MLK DAY, NO SEMINAR
1/23 Mind-body approaches to therapy (Martine Luntz)
1/30 Is this prodromal? (Lydia Miller-Anderson)
2/6 Cognitive Processing Therapy (Mil Witt)
2/13 Ableism (Rachel Honig)
2/20 Working with clients in the transition to motherhood (Ilana Krakauer)
2/27 Interpersonal therapy (Amy Leach)
3/6 Social justice in therapy (Amy Leach and Wendy Kadens)
3/13 SPRING BREAK, NO SEMINAR
3/20 Working with international students (Preeti Vidwans)
3/27 Feelings of incompetence (Dave DeVito and Amy Leach)
4/3 Boundaries in therapy (Ilana Krakauer and Preeti Vidwans)
4/10 Writing for health and wellness (Mil Witt)
4/17 Working with students on the Autism spectrum (Elizabeth Christensen)
4/24 Couples (Preeti Vidwans)

FALL 2016

8/22 Trauma in university counseling centers (Ilana Krakauer)
8/29 Eating disorders (Martine Luntz)
9/5 No seminar, Labor Day
9/12 Substance use (Avery Cook)
9/19 Sexual assaults on campus, in the media, and in popular culture (Wendy Kadens
9/26  Self-injurious behavior (Wendy Kadens and Melissa Saunders)
10/3  Grief (Dave DeVito)
10/10 Working with dangerousness to others (Mil Witt)
10/17 Sexual orientation (Ilana Krakauer)
10/24 Termination (Ilana Krakauer and Mari Diaz)
10/31 DBT and Emotion Regulation (Linda Chupkowski and Melissa Saunders)
11/7  Gender identity and gender expression (Avery Cook)
11/14 White privilege (Wendy Kadens and Elizabeth McIntyre)
11/21 No seminar, Thanksgiving
11/28 Mutuality of healing work and self-compassion (Linda Chupkowski)
12/5  No seminar or possible make-up date

Spring Semester 2016

1/15  Emotion Focused therapy (Angie Hahn)
1/22  Two-Chair and other creative techniques (Anthony Teasdale)
1/29  Yoga and Mental Health Issues (Linda Chupkowski)
2/1   Acceptance and Commitment Therapy (Wendy Kadens)
2/8   Feelings of Incompetence (Amy Leach and Dave DeVito)
2/15  Boundaries in Therapy (Ilana Krakauer and Mari Diaz)
2/22  Attraction in Therapy (Abby Zeveloff)
2/29  Homicidal Ideation (Mil Witt)
3/7   Working with People with Psychotic Disorders (Elizabeth Christensen)
3/14  No seminar, Spring break
3/21 Social Justice in Therapy (Amy Leach and Abby Zeveloff)
3/28 Working with clients in the Transition to Motherhood (Ilana Krakauer)
4/4 White Privilege (Amy Leach and Wendy Kadens)
4/11 Historical Trauma (Mari Diaz and Ilana Krakauer)
4/18 Time Limited Dynamic Psychotherapy (Abby Zeveloff)

**Fall Semester 2015**

8/28 Working with international students (Preeti Vidwans)
9/4 Trauma in university counseling centers (Ilana Krakauer)
9/11 Grief (Dave DeVito)
9/18 Termination (Preeti Vidwans and Ilana Krakauer)
9/25 Gender identity and gender expression (Avery Cook)
10/2 Working with sexual trauma (Abby Zeveloff)
10/9 Cultural humility II (Wendy Kadens and Preeti Vidwans)
10/23 DBT and Emotion Regulation (Linda Chupkowski and Amy Leach)
10/30 Sexual orientation (Ilana Krakauer)
11/6 Substance use (Avery Cook)
11/13 Working with students on the Autism spectrum (Elizabeth Christensen)
11/20 Self-injury (Angie Hahn)
12/4 Eating disorders assessment and treatment (Angie Hahn)

**Spring Semester 2015**

1/22 Time limited dynamic psychotherapy (Abby Zeveloff)
1/29 Yoga and mental health issues (Linda Chupkowski)
2/5 Attraction in therapy (Abby Zeveloff)
2/12 Boundaries in therapy (Ilana Krakauer and Preeti Vidwans)
2/19 Emotion focused therapy (Angie Hahn)
2/26 Psychopharmacology of Consciousness (Allen O?Barr)
3/5 Eating disorders assessment and treatment (Angie Hahn)
3/19 Working with people with psychotic disorders (Elizabeth Christensen)
3/26 Feelings of incompetence (Amy Leach and Dave DeVito)
4/2 Acceptance and Commitment Therapy (Jess Dale)
4/9 Couples issues in brief therapy (Preeti Vidwans)
4/16 Working with clients in the transition to motherhood (Ilana Krakauer)
4/23 Overview/new developments in medications (Leslie Montana)

Summer 2015

5/11 Global mental health (Amisha Raja)
5/18 Working with student athletes (Jessica Dale)
6/1 Preparing for the EPPP and Licensure (Jessica Dale)
6/8 Historical trauma (Mari Diaz and Ilana Krakauer)
6/15 Sexual assaults on campus, in the media, in popular culture, and at CAPS (Wendy Kadens and Libby Hunter)
6/22 Prolonged exposure for PTSD (Amisha Raja)
6/29 White privilege (Amy Leach and Wendy Kadens)
7/6 Working with international students (Preeti Vidwans)
7/13 Cognitive Processing Therapy (Mil Witt)
7/20 Social justice in therapy (Amy Leach and Abby Zeveloff)
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Links
[1] https://caps.unc.edu/training-program/doctoral-internship-program/caps-doctoral-psychology-internship-stipend-and