Documentation Needed for ADHD Medication

Your Campus Health Services provider needs clear objective documentation of the testing done to diagnose your ADHD in order to prescribe appropriate medication for you on a regular basis.

The following documentation must be included when requesting stimulant medication for ADHD. Please bring these documents to your next visit with your assigned provider or have the following documents mailed or faxed to Campus Health Services at 919-966-4605, Attn: Health Information Management. Additionally, all students being prescribed stimulant medication must agree to and sign the stimulant medication contract.

A letter (if report is not yet completed) or copy of the psychological evaluation from the provider who diagnosed your ADHD (psychologist or neuropsychologist). We have compiled a list of ADHD testing providers in the area for your convenience. This letter must contain:

- Student name
- Student date of birth
- Date of clinical evaluation

Tests performed including:

- Cognitive/Intelligence testing (ie.: WAIS/Stanford Binet)
- Achievement test (ie.: WJ-III)
- Test of sustained attention (ie: TOVA or CPT)
- Self-report forms for ADHD/ADD (ie: Brown or Connors)
- Collateral information from relevant individuals (could include report forms filled out by parents/caregivers/partners ? ie: Brown or Connors)
- Personality measures and/or Beck depression/anxiety scale - optional

Clinical Evaluation and Diagnostic Interview Components including:

- Comprehensive educational and psychosocial history
- Mental Health/Medical history, including current treatment regimen and medication (if relevant)
- Current symptoms, test findings and scores
- Interpretation of test results, including diagnosis
- Summary and recommendations

Documentation from the diagnosing provider must also include the following:

- Provider name (Printed)
- Office address and contact information
- Specialty
- Provider signature and date
Source URL: https://caps.unc.edu/self-help/success-adhd/documentation-needed-adhd-medication

Links