

**Internship Admissions, Support, and Initial Placement Data**  
**Date Program Tables are updated: 7/21/2021**

**Internship Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

UNC-CH CAPS psychology internship offers a variety of training experiences such as providing brief individual therapy, group therapy, intake assessment, crisis intervention and triage service, outreach, workshop development and delivery, supervision of a practicum student, and consultation. Interns have the opportunity to work with two long term clients during the year. Interns are exposed to the values of CAPS and that of health service psychology which incorporates multiculturally-sensitive and ethical approaches, as well as knowledge of clinical theory, empirically-validated treatments, and clinical research. Additionally, the CAPS internship program focuses on encouraging self-awareness and interpersonal skills that contribute to effectiveness as a psychologist and allow interns to develop into practitioners who can function autonomously and as part of team. CAPS serves a population of over 29,000 students including undergraduate, graduate, and postdoctoral students. Training takes place at CAPS at UNC-CH. Consistent with the University's non-discrimination policy, CAPS' internship program does not discriminate against individuals on the basis of: race/ethnicity, gender/sexual identification, sexual orientation, religion, age, ability status, or any other factor unrelated to ability to participate in the internship program.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	Yes	Amount: 500
Total Direct Contact Assessment Hours	Yes	Amount: 10

Describe any other required minimum criteria used to screen applicants:

- 1) Graduate program must be APA Accredited
- 2) All formal academic coursework, accepted dissertation proposal, and practicum training requirements should be completed prior to the beginning of internship.
- 3) Applicants are expected to have participated in at least one practicum experience in a counseling center or which in some way indicates interest in areas consistent with the work and goals of our center and/or our training program.

**Financial and Other Benefit Support for Upcoming Training Year1**

Annual Stipend/Salary for Full-time Interns: \$30,688 (stipend has been increased to include the interns purchase of a health insurance plan of their choice (could purchase their home school's plan if eligible or purchase on the Exchange and payment of associated premiums).

Annual Stipend/Salary for Half-time Interns: N/A

Program provides access to medical insurance for intern?

No

If access to medical insurance is provided

<u>Trainee contribution to cost required?</u>	No
<u>Coverage of family member(s) available?</u>	No
<u>Coverage of legally married partner available?</u>	No
<u>Coverage of domestic partner available?</u>	No

Hours of Annual Paid Personal Time off (PTO and/or Vacation): 24 days (2 days of paid vacation per month) plus holidays which are about 12 days per year=36 days. Interns typically receive five weeks off during the year. Some of this time is used over winter break (mandatory as the building shuts down for about a week, but only part of that time is university holidays), as well as the last week of the internship in July.

Hours of Annual Paid Sick Leave: 12 days (8 hours of paid sick leave per month)

In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?

Yes

Other Benefits (please describe):

- 1) Interns are allowed six professional development days during the internship year. Those days may be used for conferences, trainings outside CAPS, dissertation defenses, and interviewing for jobs.
- 2) Interns can schedule two hours of dissertation release time on their weekly schedules. If they have already defended their dissertations, they can use the time to prepare conference presentations, work on the job search process, prepare for interviews, read articles and books on clinical, supervision, and professional issues, etc.
- 3) Each intern has a private office and computer with internet access.
- 4) Interns may access the university's libraries.
- 5) Interns may purchase a gym membership for \$12/month and can access any of the university's gyms and pools.

1 Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

**Initial Post-Internship Positions**  
(Aggregated Tally for Preceding 3 cohorts)

Date Range (2017-2020):

Total # of interns who were in the 3 cohorts:	12
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	1

	Post-doctoral residency position	Employed Position
Community mental health center	0	0
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	6	3
Veterans Affairs medical center	0	0
Military health center	0	0
Academic health center	0	0
Other medical center or hospital	0	0
Psychiatric hospital	0	0
Academic university/department	2	0
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	0
School district/system	0	0
Independent practice setting	0	0
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0